

2021 Exeter Minor Baseball Concussion Code of Conduct Player/Parent/Guardian

I will help prevent concussions by my commitment to:

- Wearing the proper equipment for my sport and wearing it correctly
- Respecting the rules of my sport or activity
- My commitment to fair play and respect for all (respecting other athletes, coaches, team trainers, and officials)

I will care for my and others health and safety by taking concussions seriously and I understand that:

- A concussion is a brain injury that can have both short and long term effects
- A blow to the head, face, neck or a blow to the body that causes the brain to move around inside the skull may cause a concussion
- A person doesn't need to lose consciousness to have had a concussion

I will commit to:

- report any possible concussion received during participation to a designated person
- recognizing a concussion or possible concussion and report to designated person when an individual suspects that another individual may have sustained a concussion
- sharing any pertinent information regarding incidents of a removal from sport with the player's school and other sport organization with which the player is registered
- sharing any pertinent information regarding incidents of a concussion that have occurred outside of participation with Exeter Minor Ball to a designated person with your team

I will commit to respect the Exeter Minor Ball Removal and Return to Play Protocol by:

- understanding that if I have a suspected concussion, I will be removed from sport and that I will not be able to return to practice or game until I undergo a medical assessment by a medical doctor or nurse practitioner and have been medically cleared to return to practice or game
- understanding I will have to be medically cleared by a medical doctor or nurse practitioner before returning to practice or game
- respect the roles and responsibilities of all coaches and health care professionals in return to play protocol
- respond appropriately with return to play protocols if a participant is experiencing concussion related symptoms or if you suspect any participant has sustained a concussion